

SECTION A : 20 MARKS

BAHAGIAN A : 20 MARKAH

INSTRUCTION:

This section consists of **TWENTY (20)** objective questions. Mark your answers in the OMR form provided.

ARAHAN :

*Bahagian ini mengandungi **DUA PULUH (20)** soalan objektif. Tandakan jawapan anda di dalam borang OMR yang disediakan.*

INSTRUCTION:

This section consists of **FOUR (4)** essay questions. Answer **ALL** questions.

ARAHAN:

*Bahagian ini mengandungi **FOUR (4)** soalan esei. Jawab **SEMUA** soalan.*

QUESTION 1

SOALAN 1

CLO1
C1

(a)

- i. Define the digestion system

Takrifkan sistem penghadaman

[2 marks]

[2 markah]

CLO1
C1

- ii. List **EIGHT (8)** components in the gastrointestinal tract.

*Senaraikan **LAPAN (8)** komponen dalam saluran gastrointestinal.*

[8 marks]

[8 marks]

CLO1
C1

- (b) State **TWO (2)** types of nutrient groups and their functions in the body.

*Nyatakan **DUA (2)** jenis kumpulan nutrient dan fungsinya di dalam badan.*

[10 marks]

[10 markah]

SULIT
QUESTION 2
SOALAN 2

DTF2013: NUTRITION

CLO2
C2

- (a) i. Identify **FIVE (5)** examples of semisolid food prepared for infant 6 month and above.

*Kenalpasti **LIMA (5)** contoh makanan separa pepejal yang disediakan bagi bayi berumur 6 bulan ke atas.*

[5 marks]
[5 markah]

- ii. Explain the lunch menu planning for an infant between 4-7 months.

Terangkan perancangan menu makan tengahari bagi bayi 4-7 bulan.

[5 marks]
[5 markah]

CLO2
C3

- (b) Complete the following table for the values that promoting healthy in marketing.

Lengkapkan jadual di bawah bagi nilai nilai yang digunakan untuk mempromosikan kesihatan di dalam pasaran.

Bil <i>Bil</i>	Value <i>Nilai</i>	Explanation <i>Penerangan</i>	Example <i>Contoh</i>
1	Advertising <i>Pengiklanan</i>		
2	Sales Promotion <i>Promosi Jualan</i>		

[10 marks]
[10 markah]

<i>Status</i>	<i>Value</i>																				
<i>Status</i>	<i>Nilai</i>																				
Weight	70 kg																				
Height	150 m																				
Active status (F value)	<table border="1"> <thead> <tr> <th colspan="4">ACTIVITIES STATUS (f)</th> </tr> <tr> <th>WEIGHT</th> <th>NOT ACTIVE</th> <th>MEDIUM ACTIVE</th> <th>MOST ACTIVE</th> </tr> </thead> <tbody> <tr> <td>OVERWEIGHT</td> <td>25</td> <td>30</td> <td>35</td> </tr> <tr> <td>NORMAL</td> <td>30</td> <td>35</td> <td>40</td> </tr> <tr> <td>UNDERWEIGHT</td> <td>35</td> <td>40</td> <td>45</td> </tr> </tbody> </table>	ACTIVITIES STATUS (f)				WEIGHT	NOT ACTIVE	MEDIUM ACTIVE	MOST ACTIVE	OVERWEIGHT	25	30	35	NORMAL	30	35	40	UNDERWEIGHT	35	40	45
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Table 1 : Activity information

Table 1 : Maklumat aktiviti

- CLO3
 C3 (a) Based on the information in Table 1, Calculate the energy value for the most active person

Berdasarkan maklumat jadual 1, kirakan bilangan tenaga bagi individu yang sangat aktif

[10 marks]

[10 markah]



Figure 5 / Pesticide free zone

Gambarajah 5 / Zon bebas racun serangga

- CLO3
 C3 (b) Based on Diagram 5, relate **FIVE (5)** trends of health-conscious market customers when practicing shopping and making buying decisions.

Berdasarkan gambarajah 5, kaitkan LIMA (5) trend pengguna pasaran peka kesihatan semasa membeli belah dan membuat keputusan pembelian.

[10 marks]

[10 markah]

SOALAN 4

From the standard : 200g of fried chicken with EP 75% consists of 5 g protein, 7.2g carbohydrate and 4.4 g fat.

Daripada piawai : 120 g ayam goreng dengan EP 75% mengandungi 5 g protein, 7.2 g karbohidrat dan 4.4 g lemak.

CLO3
C3

- (a) Based on the statement, construct a table to calculate the energy value for the fried chicken

Bedasarkan pernyataan, bina jadual bagi mengira nilai tenaga bagi ayam goreng

[10 marks]
[10 markah]

CLO3
C3

- (b) Complete the table below for the types of vegetarian diets.

Lengkapkan jadual di bawah bagi jenis diet vegetarian.

Bil <i>Bil</i>	Types <i>Jenis</i>	Explanation <i>Penerangan</i>
1		
2		
3		
4		

[10 marks]
[10 markah]

SOALAN TAMAT